



We believe that as individual lives are *transformed*, our local Mayfair Community and the greater NE Philadelphia area we serve is also *transformed*. As we all come to see each other as both being served and serving others --we will better understand ourselves as mutual blessings. Our hope and vision are that we would not only feed communities but also enrich lives, together in hope.

COMMUNITY ENGAGEMENT

Offering volunteer opportunities for all ages and abilities, including group events and community service. Offers a way to strengthen the community by partnering together in its healing

HUNGER PROGRAMS

Community Food Cupboard

Provides emergency, supplemental, perishable and non-perishable foods and visit to Home Essentials non-food cupboard once per calendar month. Available Tuesdays and Fridays 9-11:30, Wednesdays 5-7:30, Saturdays 2-4:30, and some Wednesday mornings 9-11:30. Call for an appointment 215-268-3510, ext 1.

Fresh Perishables

Provides supplemental perishable foods twice per month. Available Tuesdays 9-11:30 and Wednesdays 5-7:30. No appointment needed.

State Food

Provides supplemental non-perishable food for low income families. Dates varying, typically 3rd Tuesday and Wednesday of each month. No appointment needed.

CSFP Senior Boxes

Provides supplemental non-perishable food for low income seniors. Dates varying; typically throughout 2nd and 3rd week of month. No appointment needed, but pre-certification required.

Kids' Cupboard

Offers healthy selections/education for children while parents are present to receive the family's allotment. Available once per month.

Holiday Baskets

Offers full meals to prepare at home for both Thanksgiving and Christmas.

Community Garden

Opportunity to learn and participate in gardening to grow our own produce

ENRICHMENT PROGRAMS

Nutrition Education—healthy cooking tips, recipes, and samples

Bountiful Clothing Program—gently-used clothing

Resource Counseling—on-site enrollment in public benefits programs, such as SNAP and LIHEAP

Community Meals—community gathering for hot lunch offered on 3rd Tuesday and dinners offered 2nd and 4th Thursday

Counseling—individual or group sessions to deal with stress, grief, or other issues

Spiritual Growth—community worship, group studies, and counseling available

NEW in Fall 2019:

Computer Drop-In Center—for basic use and learning

Resource Center—providing information and connections to local resources

Workshop Center—offering life skills classes and support