

Did you know that Catholic Social Services

Pregnancy and Parenting Services

- **Nurturing Parenting** — supportive parenting group sharing positive parenting practices and techniques.
- **Parent Café** — where you share your ideas, hopes, and dreams for your family.
- **The Pregnancy Café** — a guided pregnancy journey to prepare you for delivery.
- **Cribs for Kids**—apply for a free portable crib sponsored by Maternity Care Coalition.
- **Diaper Pantry**— receive free diapers every 30 days.
- **Bath Tub Safety Class**— infant bath safety education. Receive a free baby bath tub.
- **Car Seat Program**—free car seat sponsored by Kohl's Safety Center.
- **Pre-Natal Workshop**- understanding your pregnancy
- **Post Natal Workshop**- understanding your new born and sharing your experiences

Northeast Out of School Time Program

- Full and half day programming
- Full Day summer camp program

Emergency Food Cupboard

- Emergency food assistance for families in need
- Monday, Wednesdays and Fridays 9:00 am to 11:30 am

Clarifi

- Budget, credit, and housing counseling;
- Call for an appointment - 215-563-5665

CATHOLIC CLINICAL

- **Consultants** . . . provide solution-focused therapy for individuals, couples, and families; and assists schools and parishes in responding to crisis situations.

CareerLink

- Community Connections Partner providing tools to find jobs in Philadelphia via JobGateway.

BenePhilly Services

BenePhilly offers FREE one-on-one professional support to help Philadelphians enroll in benefits. Some of this benefits include:

- SNAP, Prescription drugs, Health Insurance, Taxes, Heat and Other Utilities
- Rent Rebate, Disability Benefits, Paying for College, CCIS, Voter Registration

St. Bernard's Senior Program

- Fun activities - Zumba, Tai Chi, Bingo, and more!
- Continental breakfast
- Monday, Tuesday, Thursday, and Friday from 8:30 am to 11:30 am

Contact us today for more information:
Catholic Social Services/Northeast Family Service Center
7340 Jackson St. Philadelphia, PA 19136
215-624-5920

